LIFEGUARD (SWIM LESSON INSTRUCTOR)

JOB DESCRIPTION

Classification Responsibilities: A Lifeguard (Swim Lesson Instructor) is a service/maintenance classification working in the Aquatics Recreation Programming section of the Parks, Recreation and Commercial Facilities Department. Primary duties involve: monitoring activities at a City-operated swimming pool to prevent accidents and to rescue swimmers in distress; being proficient in and knowledgeable of the practices of instructing all age groups in swimming and or diving skills, which are organized according to development and ability; and possessing the ability to plan, lead, and execute learning activities for class groups. A Lifeguard (Swim Lesson Instructor) cautions swimmers regarding unsafe practices and safety hazards, maintains order in the pool and adjoining areas, and administers first aid. Other duties include: completing reports associated with accidents, incidents, and lessons; sweeping pool decking; removing debris from the pool and adjoining areas; and giving general information on pool hours and general operation to pool patrons. This class performs related duties as assigned.

Distinguishing Features: Work is reviewed for results by observation. Seasonal employees in this class normally work full-time seasonal (May through September) schedules. This class is supervised by the Pool Manager at the work site and a Recreation Coordinator. Employees may progress to this class by noncompetitive promotion from a Lifeguard class upon meeting the specific criteria-based promotion requirements of performance and certification. This class is FLSA exempt-recreational establishment (seasonal classification). This class is FLSA nonexempt (part-time classification only).

QUALIFICATIONS

Employee Values: All employees of the City of Mesa are expected to uphold and exhibit the City's shared employee values of Knowledge, Respect, and Integrity.

Minimum Qualifications Required. Valid Lifeguard Certification requires individuals to be at least 15 years of age. Cardiopulmonary Resuscitation (CPR) for the Professional Rescuer Certification, and Water Safety, or Swim Lesson Instructor Certification (WSI) requires individuals to be at least 16 years of age by hire date.

Special Requirements. None.

Substance Abuse Testing. Due to the safety and/or security sensitive nature of this classification, individuals shall be subject to pre-employment or pre-placement alcohol, drug and/or controlled substance testing as outlined in City policy and procedures.

Preferred/Desirable Qualifications. Some (6 months - 1 year) experience in performing the duties of a lifeguard and instructing swimming classes is preferred. Bilingual in Spanish desirable.

ESSENTIAL FUNCTIONS

Communication: Communicates with staff members and the general public in order to give swimming lesson instructions, and enforce pool rules to guard public safety. Completes written documents regarding accidents, incidents, and swimming lessons. Prepares lesson plans, grades tests, and completes course records. Makes daily written entries into a logbook to outline and document the day's activities.

Manual/Physical: Performs swimming rescues on patrons in distress including: approaching, breaking holds, and carrying people, which may require the removal of the patron from the water who may weigh from 50 - 300 pounds. Performs resuscitation techniques requiring physical stamina and other first aid measures. Climbs up and sits on guard chairs approximately six feet from ground level, rotating positions every 15 - 40 minutes. Remains outside in 100+ degree temperatures for one-hour shifts. Performs maintenance tasks which include moving high-pressure hoses approximately 200 feet, sweeping and scrubbing bathrooms and pool tile, emptying garbage cans, and setting up and taking down folding chairs and tables. Stands and swims in 75-85 degree water for five 30-minute periods while instructing and demonstrating swim strokes and other aquatic techniques. Detects distress calls for possible activation of emergency procedures. Detects chlorine leaks. Inspects pool facility for unsafe or broken equipment. Conducts chemical checks. Observes patron behavior while engaged in swimming activities for unsafe or improper conduct and possible drowning situations. Meets scheduling and attendance requirements.

Mental: Uses judgment to determine if patrons are safely and properly conducting themselves. Learns job-related material primarily through structured lecture and reading in a classroom setting, with some oral instruction also provided.

Knowledge/Skills/Abilities:

Knowledge of:

the principles and methods used in teaching swimming;
lifesaving, including modern methods of approaching, breaking holds, and carrying people;
the standard techniques of resuscitation and other first aid measures;
swimming pool sanitary regulations and their use; and
laws and ordinances governing the conduct of people at a swimming pool or swimming area.

Skill in:

the application of standard techniques of resuscitation and other first aid measures; and
swimming.

Ability to:

meet and be firm and effective with the public;
react quickly and calmly in emergencies;
monitor the activities of swimmers and quickly detect problem areas;

deal tactfully and courteously with pool patrons and the general public; and
give instructions in swimming, apply lifesaving techniques, and render first aid to various age groups.

The duties listed above are intended only as general illustrations of the various types of work that may be performed. Specific statements of duties not included does not exclude them from the position if the work is similar, related, or a logical assignment to the position. Job descriptions are subject to change by the City as the needs of the City and requirements of the job change.

Revised 11/15
JM/vl/co

CS2905.DOCX (Seasonal)	PAY GRADE: 33
CS3119.DOCX (Part-time, Benefited)	PAY GRADE: 33
CS3107.DOCX (Part-time, Non-Benefited)	PAY GRADE: 33
EEO-S/M	IND-9015
JOB FCTN-PAR	SWORN-No
INCREMENTS 81-200	