



COUNCIL MINUTES

June 12, 2014

The City Council of the City of Mesa met in a Study Session in the lower level meeting room of the Council Chambers, 57 East 1st Street, on June 12, 2014 at 7:30 a.m.

COUNCIL PRESENT

Alex Finter
Terry Benelli
Dennis Kavanaugh
David Luna
Dave Richins
Scott Somers

COUNCIL ABSENT

Christopher Glover

OFFICERS PRESENT

Christopher Brady
Debbie Spinner

Mayor Finter excused Vice Mayor Glover from the entire meeting.

1. Review items on the agendas for the June 16, 2014 Regular and Special Council meetings.

All of the items on the agendas were reviewed among Council and staff and the following was noted:

Conflict of interest: None

Items removed from the consent agenda: None

2-a. Hear a presentation and discuss an update on the Health and Wellness Center.

Human Resources Director Gary Manning and City Engineer Beth Huning addressed the Council relative to this agenda item.

Mr. Manning displayed a PowerPoint presentation (**See Attachment 1**) and reported that the purpose of the Health and Wellness Center is to improve the overall health and wellness of City employees and their benefited dependents by providing access to primary care, preventative care and current disease management healthcare services. He explained that funding for the project is derived from the cost savings the City has achieved through the Employee Benefit Trust Fund, as well as specific cost-saving measures that have been implemented over the past few years.

Mr. Manning advised that as a result of an extensive Request for Proposals (RFP) process, in February of this year, Onsite Care was awarded the contract to provide medical services at the

facility. He noted that Onsite Care, which specializes in operating employee wellness centers, was selected because of its proven track record in operating similar facilities. He also remarked that Onsite Care's philosophy was in line with the City's with respect to providing effective and comprehensive healthcare services and offering City employees and their dependents the unique opportunity to develop close and confidential relationships with the primary care physician.

Mr. Manning, in addition, commented that the City's selection of the key staff members for the Health and Wellness Center is underway. He said that those individuals will be hired and employed by Onsite Care, although City staff is offering their input during this process. He also noted that the selection of the primary care physician, who will be a City of Mesa employee, is in the final stages.

Mr. Manning highlighted various examples of the primary care, preventive care and disease management services that will be provided at the Health and Wellness Center. (See Page 3 of Attachment 1)

Responding to a question from Councilmember Luna, Mr. Manning clarified that the services offered at the Health and Wellness Center to City employees and their benefited dependents will be free of charge.

City Manager Christopher Brady pointed out that the Health and Wellness Center model is designed for access and convenience. He explained that the percentage of employees accessing preventative healthcare is "pretty small," which results in certain medical issues being deferred until they become acute. He also noted that such deferrals become very expensive for the City in terms of healthcare costs.

Mr. Brady, in addition, commented that the program is intended to provide a comprehensive level of services for preventative care. He stated that unlike typical visits to a physician, which are often limited in terms of the amount of time spent with a patient, the Health and Wellness Center model will be different. He explained that the primary care physician will not only treat, for example, a sore throat or the flu, but also engage in a broader conversation with the patient regarding issues such as nutrition and exercise. He added that it was anticipated that the appointments will be significantly longer in duration and more comprehensive.

Mr. Brady further remarked that the City is not requiring that all employees go to the Health and Wellness Center to seek treatment and said that they can continue to see their current physicians if they prefer. He noted, however, that with the convenient location of the facility and the fact that the services will be free, he was hopeful that such factors would increase City employees and their benefited dependents' participation in the program.

Councilmember Luna stated that he was pleased to hear that nutrition and exercise will be emphasized during the patient/physician visits.

Mr. Manning continued with the presentation and reported that the Health and Wellness Center is located at 1121 South Gilbert Road. (See Page 6 of Attachment 1) He explained that the City has signed a five-year lease on the building and indicated that the interior demolition has been completed. He added that today's Study Session agenda includes a Job Order Contract for construction of the site.

Ms. Huning displayed several photographs illustrating the exterior signage of the building, a schematic drawing of the proposed reception area, and a preliminary floor plan. (See Pages 7, 8 and 9 respectively of Attachment 1) She pointed out that the facility will include a pharmacy, six exam rooms, a lab and various administrative offices.

Mr. Brady advised that the building was the former site of a pediatric center. He noted that although the City is renovating the site to bring it up to Code, much of the infrastructure, such as the plumbing and exam rooms, was already in place.

Mayor Finter stated that he looked forward to the opening of the Health and Wellness Center.

Ms. Huning indicated that staff anticipates that construction of the building will be completed by October of this year.

In response to a question from Councilmember Somers, Mr. Brady clarified that the Health and Wellness Center is intended for active employees and their benefited dependents. He stated that at some future date, City retirees may also be eligible to receive such services.

Councilmember Somers suggested that perhaps the Mesa Fire and Medical Department's Transitional Response Vehicles (TRV) that are dispatched for City employees could transport those individuals to the Health and Wellness Center for treatment as opposed to another healthcare facility.

Responding to a question from Councilmember Richins, Mr. Brady reiterated that the Health and Wellness Center is intended for those City employees who are currently enrolled in the City's health benefits program, as well as their dependents. He also said that the Information Technology Department is working with Onsite Care to create mobile apps so that employees can schedule appointments via their Smartphones.

Mayor Finter thanked staff for the presentation.

3. Information pertaining to the current Job Order Contracting projects.

(This item was not discussed by the Council.)

4. Acknowledge receipt of minutes of various boards and committees.

4-a. Economic Development Advisory Board meetings held April 1, 2014 and May 6, 2014.

It was moved by Councilmember Kavanaugh, seconded by Councilmember Luna, that receipt of the above-listed minutes be acknowledged.

Mayor Finter declared the motion carried unanimously by those present.

5. Hear reports on meetings and/or conferences attended.

There were no reports on meetings and/or conferences attended.

6. Scheduling of meetings and general information.

City Manager Christopher Brady stated that the meeting schedule is as follows:

Monday, June 16, 2014, TBA – Study Session

Monday, June 16, 2014, 5:45 p.m. – Regular Council Meeting

7. Convene an Executive Session.

7-a. Discussion or consultation for legal advice with the City Attorney. (A.R.S. §38-431.03A (3)) Discussion or consultation with designated representatives of the City in order to consider the City's position and instruct the City's representatives regarding negotiations for the purchase, sale, or lease of real property. (A.R.S. §38-431.03A (7)) Discussion or consultation with the City Attorney in order to consider the City's position and instruct the City Attorney regarding the City's position regarding contracts that are the subject of negotiations, in pending or contemplated litigation or in settlement discussions conducted in order to avoid or resolve litigation. (A.R.S. §38-431.03A(4))

1. Properties located at 145 East Main Street, 156 East Main Street and the 100 block of East 1st Avenue.

It was moved by Councilmember Luna, seconded by Councilmember Kavanaugh, that the Council adjourn the Study Session at 8:08 a.m. and enter into Executive Session.

Mayor Finter declared the motion carried unanimously by those present.

8. Adjournment.

Without objection, the Executive Session adjourned at 8:31 a.m.

ALEX FINTER, MAYOR

ATTEST:

DEE ANN MICKELSEN, CITY CLERK

I hereby certify that the foregoing minutes are a true and correct copy of the minutes of the Study Session of the City Council of Mesa, Arizona, held on the 12th day of June, 2014. I further certify that the meeting was duly called and held and that a quorum was present.

DEE ANN MICKELSEN, CITY CLERK

The City of Mesa Health & Wellness Center

City Council Study Session – June 12, 2014



Wellness Center Update

Purpose/Funding

Provide primary and preventative healthcare to benefited employees and dependents

Greater access to critical healthcare services

Funding through the Employee Benefit Trust fund

Vendor Provider/Center Staff

“Onsite Care” was selected to provide medical services

Staff selection will be through Onsite Care with our input

Selection of the Primary Care Doctor is in the final stages

Wellness Center Services

Primary Care:

Strep throat

Seasonal allergies

Ear infections

Pneumonia

Sinus and headaches

Preventive Care:

Adult Annual Exams

Vaccines

School and Sports Physicals

Well Child Exams

Wellness Center Services

Disease Management:

- High blood pressure
- Diabetes
- High cholesterol
- Depression
- Migraine Headaches

Wellness Center Updates

Location:

- 1121 South Gilbert Road (Gilbert/Southern)
- 5 year lease

Demolition has been completed and Job Order Contract on today's Study Session Agenda is for construction

The City of Mesa Wellness Center



Exterior Signage

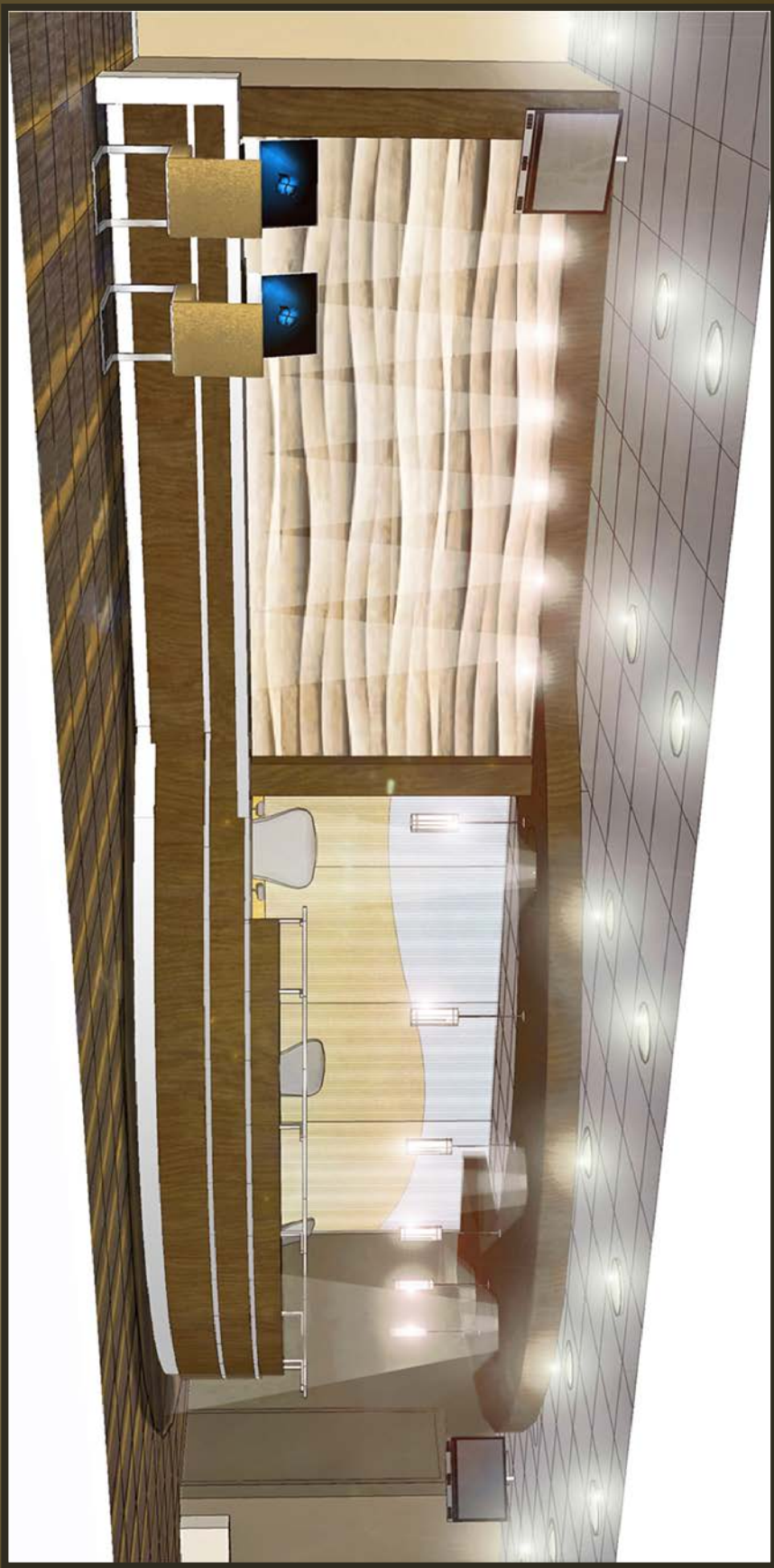


Building Mounted Signage



Main Entrance Decal Signage

Reception Area



Questions?